## October Breakfast Menu

SUBJECT TO CHANGE BASED ON AVAILABILITY OF ITEMS

	Monday	Tuesday	Wednesday	Thursday	Friday
M	ILK SERVED DAILY	1 PEANUT BUTTER Toast	2 Mini Bagels (Contains Dairy)	3 Donut Holes  Fruit	4 Pop-Tart  Yogurt
7	Cereal	8 Apple Cinnamon Bread	9 Oatmeal	10 French Toast Bites	11 Breakfast Biscuits
	Yogurt			Fruit	Yogurt
14	Cereal Bar	15 Yogurt Parfait	16 English Muffin	17 Mini Waffles	18 Cereal
	Fruit		Fruit	Yogurt	
21	Muffin	22 Breakfast Empanada	23 PEANUT BUTTER Toast	24 Oatmeal	25 Donut
	Yogurt	(Egg, Potato, Cheese)			Fruit
28	Danish	29 Eggs	30 Oatmeal	31 Cereal Bar	
	Yogurt	Toast		Fruit	

## October Lunch Menu

Subject to change based on availability of items

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Mini Pancakes	2 Hamburger	3 Bologna Sandwich	4 PEANUT BUTTER and Jelly
	Sausage	Mozzarella Sticks	Minestrone Soup	Chips
	Hash Browns	Corn	Crackers	Carrots
	Oranges	Mixed Fruit	Pears	Watermelon
7 Corn Dogs	8 Salisbury Steak	9 Grilled Cheese	10 Ravioli	11 Chicken Nuggets
French Fries	Mashed Potatoes	Tomato Soup	Garlic Bread	Chips
Peas	Bread and Butter	Crackers	Salad	Cucumbers
Strawberries	Green Beans Pears	Mango	Peaches	Watermelon
14 Ham Sandwich	15 Swedish Meatballs	16 Sweet and Sour Chicken	17 Spaghetti	18 Pizza
Chicken Noodle Soup	Egg Noodles	Rice	Garlic Bread	Chips
Crackers	Salad	Broccoli	Salad	Carrots
Pears	Peaches	Pineapple	Strawberries	Apples
21 Southwest Chicken Wraps	22 Lasagna	23 Turkey Sandwich	24 Chicken Fingers	25 Pepperoni Rolls
(Chicken, Rice, Corn, Beans,	Bread and Butter	Italian Wedding Soup	Mashed Potatoes	Chips
Cheese)	Salad	Crackers	Bread and Butter	Celery
Tortilla Chips Mango	Strawberries	Mixed Fruit	Peas Peaches	Oranges
28 Chicken Parmesan Sandwich	29 Pork and Vegetable Eggrolls	30 Chicken Biscuit Bake	31 Turkey Sandwich	
French Fries	Rice	(Chicken, Mixed Vegetables,	Vegetable Soup	NAU V CEDVED DAU V
Cucumbers	Corn	Biscuits)	Crackers	MILK SERVED DAILY
Pineapple	Mango	Salad Strawberries	Pears	

## October Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Granola Bar	2 Cheez-IT's	3 Rice Krispy Treat	4 Sherbet
	Milk	Juice	Juice	Juice
7 Teddy Grahams	8 PEANUT BUTTER Crackers	9 Goldfish Crackers	10 Yogurt and Graham Crackers	11 Pudding
Milk	Milk	Juice	Juice	Juice
14 Animal Crackers	15 Carrots and PEANUT BUTTER	16 Chex-Mix	17 Pretzels	18 Cookies
Juice	Milk	Juice	Juice	Milk
21 Blueberry Vanilla Mini Bites	22 White Cheddar Puffs	23 Triple Berry Snack Bar	24 Apple Slices	25 Ice Cream Sandwich
Milk	Juice	Milk	Milk	Juice
28 Oatmeal Bar	29 Banana and PEANUT BUTTER	30 Popcorn	31 Cheese Stick and Crackers	
Milk	Milk	Juice	Juice	